

## What Testing Will Be Done?

### Under 2 years of age:

First Appointment: approx. 2 hours

- Vineland Adaptive Behavior Scales

Second Appointment: approx 2 ½ hours

- Autism Diagnostic Observation Schedule
- Mullen Scales of Early Learning

Third Appointment: approx 1 ½ hours

- Go over results of the testing, strategies discussed, discuss options for future

### 2 years of age or older:

First Appointment: approx. 2 hours

- Autism Diagnostic Interview-Revised

Second Appointment: approx. 2 ½ hours

- Autism Diagnostic Observation Schedule
- Language Assessment
- Academic Assessment
- Comorbid Conditions

Third Appointment: approx 1 ½ hours

- Go over results of the testing, strategies discussed, discuss options for future

## What Codes Will You Be Using?

The following codes and fee will be used for each visit. It is your responsibility to check with your insurance to make sure they are covered by your individual plan. Fees are subject to change without notice.

### First Appointment: Total: \$777

99205.....\$305

99354.....\$193

99358.....\$183

96110 x3.....\$32x3 (approximate)

### Second Appointment: Total: \$608

96116 x4.....\$152 x4

### Third Appointment: Total: \$386

99215.....\$193

99354.....\$193

Total for all appointments: \$1,771

## What Will Be Covered During Each Of The Tests/Assessments?

### Autism Diagnostic Observation Schedule (ADOS)

The Autism Diagnostic Observation Schedule (ADOS) is the instrument considered to be the current gold standard for diagnosing autism spectrum disorders (ASD) and, along with information from parent, should be incorporated into a child's evaluation. Although a diagnosis of ASD is not necessary to get intervention, in some states the differences in the services provided to children with and without a diagnosis of ASD can be huge. Once a child has had a diagnostic evaluation and is determined eligible for services, additional assessments may be completed to better understand the child's strengths and needs in order to plan intervention goals and strategies.

### Autism Diagnostic Interview-Revised (ADI-R)

The Autism Diagnostic Interview is an extended interview used to elicit the full range of information needed to produce a diagnosis of autism and to assist in the assessment of related disorders. It is frequently used in conjunction with the ADOS and is used in research studies to add to the diagnostic certainty of the diagnosis. The interview is limited to use with patients with a mental age of at least two years, so it cannot be used with younger children and is not recommended for those suspected of being developmentally below 2 years of age.

### Mullen Scales of Early Learning (MSEL)

The Mullen Scales is an individually administered comprehensive measure of cognitive function for infants and preschool children, from birth through 68 months of age. It is founded upon information processing and neurodevelopmental theories. It is one of the tools used by the Yale Child Study Center for assessing young children suspected of being in the autism spectrum.

### Vineland Adaptive Behavior Scales

The Vineland Scales provide a targeted yet comprehensive assessment of personal and social sufficiency for individuals ages birth through 90 years. It is used to look at total level of impairment for adaptive functioning and for mental disability.

### Language Assessment

Various language tools are used based on the age of the individual being assessed. The key areas looked at are the receptive and expressive vocabulary and the language areas of semantics, grammar, phonology, and pragmatics.

### Academic Assessment

Various tools are used to look at associated areas of learning struggle and the impact of language on learning. It is not uncommon for individuals in the autism spectrum to have additional learning disorders.

### Comorbid Conditions

The majority of individuals in the autism spectrum have one or more comorbid conditions such as ADHD, anxiety disorders, tics, or Tourette's. About 20% will also develop a seizure disorder at some point in their development, although this occurs more often in the more severely cognitively impaired. The Vanderbilt Checklist along with a semi-structured interview and the observation time with the student will help to determine the presence of comorbid mental health problems.

**What Are Some Intervention Services Available Through This Practice?**

**Coordination with Primary Care Provider if Medication is of Potential Benefit**

With my frequent absences from the office for speaking engagements, I no longer prescribe medication. I am available through phone calls, and email to assist the primary care provider in the determination of what medication may be of use and the appropriate doses. For primary care providers who are interested in this medical home strategy of caring for their patient, my office will provide my email address and cell phone number.

**Counseling and Guidance**

Families that deal with autism spectrum are frequently overwhelmed as to why it occurred and how to help their child reach his/her maximum potential. They are at risk for many unfounded interventions, which at the least will deplete their finances, but at the worst may risk their child's health or life. They also benefit from being taught strategies of helping their child master skills and develop more communication and language skills. I can provide counseling and guidance to help them become confident in their skills as parents of a special needs child.

**Music Therapy**

Music therapy is an intervention method of helping a child develop skills in language, communication, and behavioral competence, with music being the tool that draws the child into the intervention process due to its rhythmic nature, repetitive use of language, and ability to create directions through an interactive format for the child to follow.

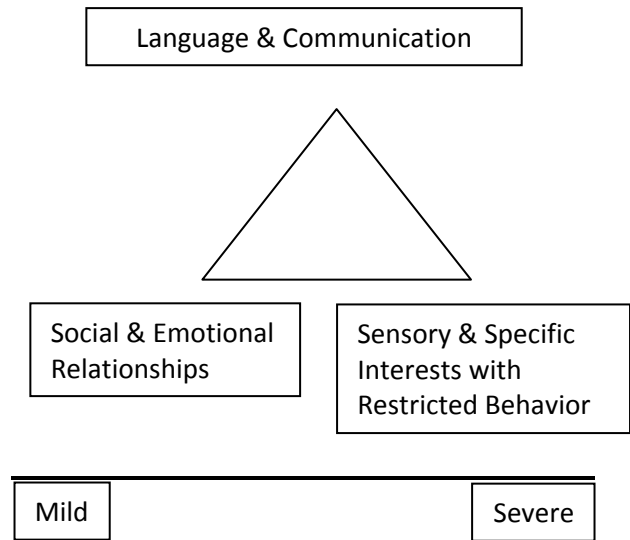
**Springtides Services**

The nonprofit side of this practice is also a source of training for the child and the parents to learn behavioral strategies in a group based setting. There is a separate brochure of what Springtides has to offer for direct services, training, and support.

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**Diagnostic Assessment of Individual Suspected of Having Autism**

Autism Spectrum Disorders  
1% of the general population  
The Most Misunderstood Neurobiologic Disorder



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